

Richard F. Sethre, Psy.D.

Licensed Psychologist

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Summary Psychologist with broad clinical and managed care experiences, specialized skills, and background in developing unique clinical programs.

- Has provided clinical services in a variety of settings to diverse patient populations.
 - Helped develop and implement innovative clinical programs providing crisis mental health assessments and interventions in hospital emergency departments and medical units.
 - Extensive experience working for a managed care organization providing clinical reviews, assisting with program development, responding to complaints, and working with providers.
 - Able to work under pressure, to manage multiple projects concurrently and to work efficiently and accurately.
 - Has skills necessary for having productive and positive conversations with providers, members, and their families about review, authorization, contract and regulatory concerns.
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Education

- Alliant University, San Diego, California
Doctor of Psychology, with specialization in Marriage and Family Therapy
 - St. Olaf College, Northfield, Minnesota
Bachelor of Arts, Psychology
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Professional Experience

Independent practice, self employed

Golden Valley, Minnesota

Clinical psychologist

1992 to the present

- Provides individual, couples and family for patients, most with complex treatment needs, many with previous treatment failures.
- Coordinates care with the patient's psychiatrist, primary medical provider, insurance staff and other members of the patient's medical team.
- Provides pre-surgery psychological assessments for bariatric and pain patients, about 100 per year.
- Provided inpatient psychological assessments for patients on psychiatric, eating disorder and chemical dependency units at several metro area hospitals, about 300 per year from 1992 to 2000.

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Procentive

Hudson, Wisconsin

Consultant

Sept., 2015 to Dec., 2016

- provides content for the Procentive customer blog and Twitter feed
- provides white papers for the Procentive website
- produces CE presentations

Natalis Outcomes

St. Paul, Minnesota

Clinical Support Specialist

February, 2015 to Aug., 2017

- provides training and support services to professionals and agencies using Natalis Outcomes products, member of the Natalis Operations Committee.

Behavioral Healthcare Providers (BHP)

Golden Valley, Minnesota

Consultant/Reviewer

1996 to 2013

- Able to balance clinical and business realities.
- Knowledgeable about evidence-based practice guidelines, clinical outcomes measures and CMS, DHS, and NCQA regulatory guidelines.
- Assisted with developing and manage BHP's *Diagnostic Evaluation Center (DEC)*. This specialized behavioral crisis assessment unit was created by collaboration between BHP and Fairview Health Services. The DEC is part of the emergency department (ED) of a host hospital, and is staffed by a combination of ED staff and mental health consultants provided by BHP. The DEC program has reduced the rate of psychiatric admissions from the Fairview EDs by approximately 40 percent. BHP received a national award for innovative mental health services for this program in 2010.

Clinical Compliance Specialist

2011 to 2013

- Helped BHP staff monitor and respond to regulatory and contract changes.
- Member of the BHP Clinical Operations Committee and the BHP Credentials Committee.
- Assisted with process improvement projects.
- Represented BHP on several Minnesota Department of Human Services advisory committees.
- Assisted with developing the clinical content for BHP's annual Provider Meeting.

Fairview Health Systems

Minneapolis, Minnesota

Consultant, inpatient psychiatric assessments on medical units

1998 to the present

- Chosen as the lead clinician for a team of psychologists that provides weekend and holiday coverage for Psychiatric Consultations for patients with behavioral crises on ICU and general medical units.

- Works with hospitalists to quickly and efficiently assess these patients, many having complex problems. Provides crisis intervention, formulates a short term mental health treatment plan, and assists with discharge planning. When a medication consultation is indicated, the psychologists facilitate access to a psychiatric provider in the Fairview system.
- This role requires a high level of responsibility for responding to consultation requests promptly while on call, working closely with the patient's hospital team and assessing risk factors before the patient is discharged.

Community involvement

Minnesota Psychological Association (MPA)

President, Doctoral Licensed Psychologists in Private Practice division 2003 to 2006

- Represented the Doctoral Division on the MPA Governing Council.
- Helped the Doctoral Division grow from about 20 to 100 members.
- Moderated the Doctoral Division listserv.

Long term member and frequent presenter at MPA's annual conference.

American Psychological Association (APA)

Long term member, presented at the APA National Convention in 2014.

Social Networking Activities

Owner/moderator of LinkedIn and Yahoo groups:

- Minnesota Weight loss, Bariatric and Wellness Professionals Networking Group
- Minnesota Mental Health Professionals Practice Resources Group
- Frequent contributor to local and national listserv discussions about clinical and professional issues.